



Coeliac New Zealand Honorary Patron, Dr. Simon Chin alongside Coeliac NZ warmly welcomes everyone to this year's exciting annual conference in Auckland, the theme being "Living Coeliac Safe-Challenges and Successes".

The conference will be of interest to the general public as well as health professionals. For the first time, delegates will also be able to attend the Gluten Free Food Festival.

Knowledge of coeliac disease continues to evolve, challenging health professionals to keep up to date. Therefore, our expert medical and dietetic panel will have a plenary session (for doctors, dietitians, nutritionists, and other health professionals). Topics include atypical presentations, monitoring after diagnosis, and dietetic considerations of the gluten-free diet. There will be ample time for discussion with a Q&A session afterward.

**MEDICAL PLENARY SESSION (available as a separate ticketed entry for dietitians, nutritionists, doctors and other health professionals)**

9.00- 10.00 am

- **Coeliac Disease: looking beyond the obvious to identify and diagnosis** - Professor Andrew Day
- **Monitoring and follow-up after a diagnosis** - Dr Jonathan Bishop
- **Dietetic considerations for the gluten-free diet** - New Zealand Registered Dietitian, Sylvia North
- **Q&A**

The main conference continues along the similar themes but widening the scope of knowledge. Guest speakers include:

- Tania Clifton-Smith – a physiotherapist with over 30 years' experience and specialising in the field of breathing dysfunction.
- Professor Andrew Day – a leading paediatric gastroenterologist based in Christchurch with a strong clinical and research interest in Coeliac Disease.
- Dr Karen Faisandier – a clinical psychologist who runs a holistic practice in Wellington which integrates psychological, nutritional and lifestyle strategies for patients
- Bob Anderson and Jason Tye-Din from Australia – our medical experts, who will give a "fireside" discussion of the latest research and trends including the future of the gluten-free diet and clinical trials.
- Husband and wife team Gastroenterologist Dr Kamran Rostami and registered NZ dietitian Adele Rostami will present separately on the medical and dietetic management of non-responsive coeliac disease.

The full agenda is available at: <https://coeliac.org.nz/conference-2023/>

Tickets for the medical seminar \$40+ fee and an additional \$75 + fee for the main conference using the early bird offer available until 18<sup>th</sup> September. Don't delay purchase your tickets today!

<https://www.eventfinda.co.nz/2023/coeliac-new-zealand-conference/auckland/manukau-city>